

1.12 CONCUSSION INTERVENTION POLICY

Ringette BC subscribes to the concussion program outlined in the Concussion Awareness Training Tool (CATT), the Making Head Way concussion awareness program, or any other Ringette Canada approved concussion awareness program for Parents, Players and Coaches.

A. EDUCATION:

Every Head Coach will complete a Ringette BC approved Concussion Awareness education module prior to the first game of each season. Associations will collect and record documentation of completion. Associations will include with their registration package a link to Ringette BC approved Concussion training.

B. INTERVENTION:

- i. Any player who has experienced an injury that may cause a concussion and/or displays any of the common signs or symptoms of a concussion will be assessed by the Head Coach, making this assessment their highest priority.
- ii. Any player suspected of having a concussion will be immediately removed from all Ringette activities.
- iii. Any player suspected of having a concussion must consult with a qualified physician as soon as possible.
- iv. In the event that a player experiences an injury during a game that, after the player has left the Ringette event, is related to the onset of the accepted symptoms of a concussion, the player and/or their parent/guardian must have the player assessed by a physician.

In the event that the player in these circumstances is diagnosed with a concussion, the player and/or their parent must both complete the Ringette BC on-line injury report form and report the diagnosis to the player's head coach.

- v. Any coach found to have permitted a player to, or parent found to have encouraged their child to, continue with Ringette activities after that player is concussed¹ will be subject to disciplinary procedures that may include suspension from participation in Ringette BC events.

¹ "CONCUSSED" means that the player has been diagnosed by a physician to have a concussion or has been assessed by a bench staff member immediately following a mechanism of injury directly related to the onset of one or more of the set of symptoms of a concussion and has been instructed to get an assessment for a concussion by a physician.

C. RETURN TO PLAY:

Any player diagnosed with a concussion must complete the return to play program prescribed by a qualified physician. A player may return to play with the approval of their physician and provided they remain asymptomatic during on-ice activities. If a player's symptoms return after they have been cleared to return to play, that player must be reassessed by their physician as soon as possible after the symptoms return.