



Annual General Meeting Director Reports from 2022/23 Season

President Report

Gina Layte Liston

- Zone 8 Club Team- U14, U16 and U19
- Zone 8 Teams- U16 and U19
- Northern League
 - Northern League Play Policy
- Updated Policies and Guidelines
 - Association Registration Policy, Team Finance, Sponsorship and Fundraising Policy, Association and Team Apparel Policy
- Grants
 - Northern BC Development Fund (\$1,700.00)
 - Rally Together Sports Participation Grant (\$12,000.00)
 - Looking for Committee to assist in planning and implementation of these funds
- I would like to acknowledge the work that has been done by the Board of Officers and Directors this past season and how much I appreciate their engagement, time and energy that goes into the roles that they play in our association.

Vice-President's Report

Natsuko Komine-Cronje

Criminal Record Check

- 30+ CRC's completed this season.
- Will be sending out reminders to those whose CRC is expiring next season.

Dryland

- Ran from September to December at the NSC.
- Continued at school gym January to March for Fun 1 group.
- Will be offered to all teams again next season.

Society Filing

- Awaiting appointment of BoD prior to filing this year's Annual Report.



Team Photos

- Done by AAA in November 2022
- Most Club teams including Flex team took part.

2022 Ringette BC Conference & AGM

- Attended last season's RBC AGM.
- Topics covered
 - RAMP registration program
 - Promoting Sport Equality
 - Complaints and Discipline
 - Managing an Operations BoD

THANK YOU to all the amazing volunteers and the hard working Board for yet another successful season!

Registrar Report

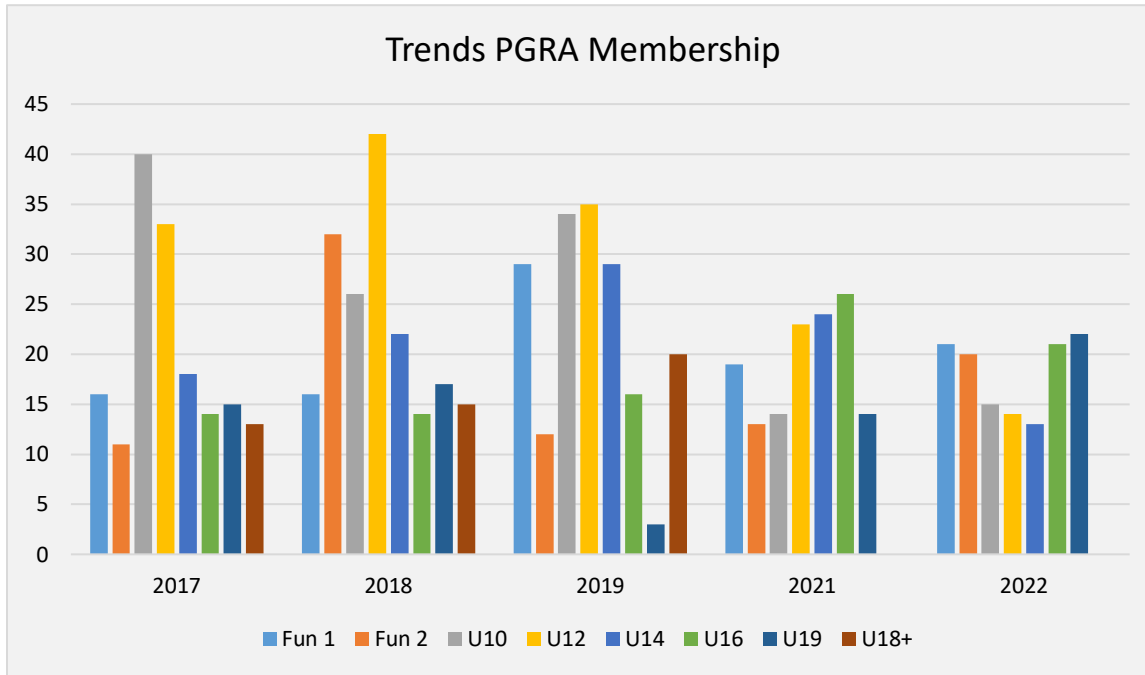
Karen Andrews

This year we had a total of:

- 152 players total
- 126 players FUN 1 to U19
- 10 teams

2022/23 Registration Information

Division	Total Players
Fun 1/Fun 2	41
U10/Fun 3	15
U12	14
U14	13
U16	21
U19	22
Total	126
Flex Full Time	16
Flex Part Time	10
Total Including Flex Program	152
Teams Total (including Flex)	10
Gender Male (not including Flex)	28
Gender Female (not including Flex)	105
New Players (not including Flex)	21
Association Total Including Volunteers	209



Trends in PGRA Membership Numbers

	2016	2017	2018	2019	2021	2022
U7/ Fun 1	18	16	16	29	19	21
U9/ Fun 2	22	11	32	12	13	20
U10/ Fun 3	38	40	26	34	14	15
U12	25	33	42	35	23	14
U14	18	18	22	29	24	13
U16	11	14	14	16	26	21
U19	13	15	17	3	14	22
18+	18	13	15	20	0	0



Treasurer Report

Rachael Ryder

Please see separate financial statement report.

Secretary Report

Dana Cole

For 2022/23 season, meetings were held on the following dates:

- April 26, 2022
- June 9, 2022
- July 6, 2022
- September 7, 2022
- October 3, 2022
- November 7, 2022
- November 21, 2022
- December 5, 2022
- January 9, 2023
- February 7, 2023
- March 13, 2023
- April 11, 2023

Officials

Chris Bjorn

- There are 12 active registered officials in Prince George
- Provincially:

Generation	Age	Female	Male	Other	Totals
Post Millenials	Under 21	101	14	1	116
Millenials	22-37	19	2	0	21
Gen X	38-53	14	17	0	31
Boomers	54-72	1	12	0	13
Totals		135	45	1	181

- Games officiated in Prince George:
 - 74 games in the regular season
 - 60 games in Joy Hoffman Tournament
 - Note:
 - 2 games in U10
 - 6 games in U12



Director's Report – Equipment

Terry Butler

- Purchased 30 new first ring sticks for resale to fun 1 new players
 - still have 23 are left (sold the leftover sticks from previous years)
- Goalie equipment
 - full set of goalie equipment (28" pads, chest protector, blocker and glove) picked up free from Facebook marketplace
 - bought a set of 28" pads from Facebook marketplace
 - 2 sets of blocker and glove
 - 2 new sets of 22" pads
- Jerseys
 - ordered 200 new jerseys
 - 2 sets (1 red and 1 white) for each division U12 - open 18+
- All the First aid kits have been inspected and replenished with all equipment needed
 - 2 cases of ice packs added and in the coaches room at Kopar
- All of the coaches equipment was returned
- Planning for Next Year:
 - Talk to the City of PG about installing shot clocks (hardwire) in the KIN Centre and Elksentre
 - order new remotes for shot clocks
 - look into new shooter tutors
 - organize storage rooms
 - prepare coaches equipment for next season
 - maybe buy more small turbo rings

Tournament Coordinator

Jen Erickson

2022/2023 PGRA Tournament Coordinator Report

The 30th annual Joy Hoffman tournament was held Nov 11-13, 2022 at the Kin Centres. This year we had applied to BCRA to sanction the tournament making it the one and only tournament in the North that the Zones teams would have to attend. For the 30th celebration, PGRA hosted a coach's game and invited teams to come dressed as their Team Name.

REGISTRATIONS

This year there were 402 players registered and 30 teams. In 2019, there were 307 players registered and 26 teams.



FINANCIALS

Since this tournament is, a Northern League Commitment all teams that attend from the Northern League are not charged an entry fee. All Zone teams were charged an entry fee. Applied to the City of PG for their Sport PG Hosting Grant and the PGRA was approved this grant

Age category breakdown:

2022	2019	2018
Fun 1 25	Fun 1 31	U7 33
Fun 2 40	Fun 2 34	U9 36
Fun 3 37	U10 60	U10 80
U12 30	U12 76	U12 42
U14 52	U14 45	U14 56
U16 29	U16 60 (U14 Zone 16)	U16 49
U19 19	U19 34 (18+)	U19 11
Flex 24		
U16Z 102		
U19Z 44		

Joy Hoffman 2022 Financials

Since this tournament is a Northern League Commitment all teams that attend from the Northern League are not charged an entry fee. All Zone teams were charged an entry fee. Applied to the City of PG for their Sport PG Hosting Grant and the PGRA was approved this grant

Revenue:			
Gift Baskets & 50/50			5,300.75
Donations			350.00
BCRA Official Donation			600.00
Sport PG Hosting Grant pre tournament			2,160.00
Sport PG Hosting Grant post tournament			2,367.00
Flex Teams	2	\$250	510.00
Non Northern league teams	0	\$600	0.00
Non Northern Zone teams	10	\$900	9,000.00
			\$20,287.
			75



Expenses	
CN Centre & Arenas	12451.43
Referees	3315
Referee Travel	1678.48
Sanctioning fee	50
Player Gifts	2016.25
Snacks	329.6
GAMING LICENCE AND TICKETS	275.16
Medals for zone teams	678.9
Baskets	198.17
Square Fee	75
Tournament Snap	422.63
	\$21,490.62
	(\$1,202.87)

ON THE GO FOR 2023/24

- PGRA has sent in the sanctioning application for the 31st annual Joy Hoffman Tournament
- Sending out Joy Hoffman invites to the other leagues in BC and Alberta in June.
- PGRA has put in an application to host the Zones and Open 2024 Provincials.

Thank you to the PGRA board members and the Joy Hoffman planning committee.

Website and Social Media

Brittany Howard

Posted throughout the season on Facebook. Boosted during September and October. Over 500 followers.



Coaching Coordinator

Jana Campbell

I am thankful to live, work and play on the traditional ancestral land of the Lheidli T'enneh people.

Meet the 2022-2023 Registered Coaches

Abbie	Ispanovic	Junior Coach
Abby	Sveistrup	U12 Head Coach
Addison	Paulson	Junior Coach
Aimee	Benoit	FUN3, U12
Alyson	Rowe	FUN2
Amanda	Polack	FUN1
Amara	Vaillancourt	U12
Arwyn	Fraser	Junior Coach
Amy	Schwemler	FUN1
Andrea	Fraser	U19Z Trainer
Art	Lamothe	U19
Brent	Scheck	U14 Head Coach, U19
Brittany	Howard	FUN2 Head Coach
Brooklyn	Roehl	U19
Catherine	E McCarthy	U19 Trainer
Chantel	Beck	FUN3
Craig	Hadley	U12
Damon	Calfa	FUN1 Head Coach
Daniel	Blakeney	FUN2
Darian	Campbell	Flex Programs, BCWG Coach
Devin	Atkinson	U16Z
Hugo	McLeod	U16Z
Jana	Campbell	U19Z, U16 Head Coach
Jennifer	Wheeler	Excellence, Team BC
Jody	Ispanovic	FUN3 Head Coach, U14
Joel	Bowden	FUN2
John	Beck	Head Goalie Coach



Justine	Lamothe	U19Z
Katie	Berg	U16 Z
Kayla	Bailey	FUN1 Head Coach
Keith	Sullivan	U19 Head Coach
Lauren	Irving	FUN1
Leah	Polack	FUN1
Lisa	Lauzon	FUN2
Lisa	Matzelle	FUN2/ Goalie Coach
Michelle	Bespoyasny	U14
Mike	Paulson	FUN3
Nick	Rowe	FUN2
Shane	Sarasin	FUN2 Head Coach
Sheldon	McLaughlin	U12
Stacy	Furlong	U19Z Head Coach, U14
Terry	Butler	U19 Head Coach
Tyler	Boyd Smith	FUN1

Thank You to everyone and the additional helpers who were valuable to the teams on and off the ice...please set time aside and register for Coaching Courses and continue your Coach development!

Skating Enhancement: Thank you to this year's **power skating instructors James Pattie and Bree Pruden**. Power skating is as always, a proven benefit to our players and coaches, giving the players improved skating skills and a jumpstart to conditioning for our season. The coaches who participated gained coaching development through skating skills instruction taught by professional power skating instructors.

BC Winter Games: Coaches Stacy Furlong, Jana Campbell, Darian Campbell and Devin Atkinson. Brought home the Bronze Medal with an all-female team. Congratulations!

Divisions:

- FUN 1: The future of Ringette! This age division was led by Brittany!
- FUN 2: The Future of Ringette! There is a continued plan to assist FUNs to transition into U10 and U10 to transition in U12 form Ringette BC, details are posted on Ringette BC website. Thank You to Brittany for her leadership in the funs this season.
- U10: one team Thank you to Jodi.
- U12: one team and they did not have an option to participate in the Northern Competition Introduction Program (AKA U12 Development). Due to not having a certified lead coach in our area. **Encourage everyone to become CI certified.**



- U14: one large house team with varied skill levels. PG merged with Quesnel often for travel and gameplay. Players had the opportunity to participate in the virtual training to excel program <https://www.ringettebc.ca/athletes/u14-train-to-excel-virtual-training-program/>
- U16: one tiny house team that merged with Quesnel to be able to play limited games. and also one Zone team. Players from U16, U19 and 18+ had the opportunity to participate in the virtual excellence program <https://www.ringettebc.ca/athletes/excellence-ringette-program/excellence-ringette-program-coaches/> **two of our own U16 Zone players who participated in Excellence, also played on Team BC this season and the BC Winter Games! A huge accomplishment and Congratulations to those Jocelyn and Abbie for their hard work and dedication.**
- U19: one house team and one zone team players from the Zone team also participated in the excellence program and **Congratulations to Amara for Playing with team BC and Taylor who joined Vernon to attend Westerns**
- 18+: no 18+ this season
- Flex: enough for two teams and the ice times were a little earlier towards the end of the season!

Coaching Courses/Resources: CSI and CI were available virtually as well as in person this season as well as many other coach development opportunities through Ringette BC, Engage Sport, Via Sport and the National Coaching Course Program (NCCP). We will continue to search for Coach development opportunities **encourage Coaches to take ownership of their own development as well as focus on coach recruitment, retainment, and certification. Junior Coaching, Coach mentors and mentees will be a continued effort to improve our program here in PG.** There is an opening for a Children's Ringette Coordinator.

Goalie clinics: Thank you to **John Beck** for running all our goalie clinics this season. Goalies receive a rebate on their registration fees for being committed and attending the clinics that PGRA provides for free to them as well as any equipment they may need for the season.

Staff/Coach Evaluations: The surveys were sent out by PGRA at the end of this season, feedback can also be submitted at any time throughout the season.

Dryland: Scheduling consistent dryland at the Northern Sport Centre was great for team bonding, learning Ringette rules and strategies as well as of course fitness opportunities and gym Ringette, especially for the Children's Ringette! The feed back was to hopefully continue this next season. The older divisions on occasion added on their own, an additional professional group fitness trainer to their dryland times.

First Aid: we provided a first aid course to ensure all team have a certified first aider.



Player Mentor Program: we did have several players attend practices and junior coach younger teams, helping with ringette skills development and as player role models. A player giving back their knowledge is such a good thing! We hope to encourage this more often in a formal program and by setting us a team buddy program as well.

Emergency Action Plan: A very detailed EAP is mandatory for every practice, scrimmage, game, team event and Tournament. Including the host teams plan for our Referees. Every team was provided a base Emergency Action plan from PGRA for them tailor to their team and add information to, it is also posted on our website. It is the responsibility of the head Coach to always have the EAP on hand. Home teams are responsible for the refs and minor officials.

The BIG CHALLENGE... RINGETTE was invented right here in Canada! Challenge All members to share our sport with others, to spark interest within our schools to bring back Gym Ringette (book and borrow our associations gym ringette gear), to bring back our just for fun Ringette programs and to spark interest in other nearby cities to start associations!

The Coaches are very appreciative of the volunteers who assisted on and off ice and especially thanks to the managers/ambassadors who are truly the backbone and a huge measure of the success of the team.

Meet the 2022-2023 Registered Managers:

Alison	Leboe	
Alyson	Rowe	FUN2 Manager
Amanda	Butler	U19 Manager
Amanda	Polack	FUN1 Manager
Chantel	Beck	FUN3 Manager
Darian	Campbell	Flex Manager
Kristi	Wintemute	U19Z Manager
Lisa	Matzelle	Fun2 Manager
Michelle	Bespoyasny	U14 Manager
Muireena	McArther	U16 Manager
Sheri	Stonehouse	U14 Manager
Sherri	Paulson	U19Z, BCWG Manager
SHONA	TALBOT	U16Z Manager
Stacey	Heighington	U12, U16Z Manager
Susan	Nicklie	U12 Manager



THANKS TO these people and also ALL OF OUR VOLUNTEERS WHO TAKE AN ACTIVE
 ROLE AND
 SHARE THE JOY OF OUR PLAYERS AND OUR SPORT!

**Thank You, Thank You, Thank You, Thank You, Thank You, Thank You, Thank You
 ALL!!**

Ice Coordination

- Come Try Ringette:
 - August 28th and September 11th
- Powerskating Skating:
 - September 12-23th- each age division got 6 ice times
- Season started:
 - September 26th
- Season ended: March 18th

Age Division	# of Teams	# Ice Times (Hours)
FUN 1		23.5
FUN 2		26.0
U10	1	34.25
U12 Club	1	44.0
U14 Zone Club	1	PGRA 47.25
U16 Zone Club	1	PGRA 47.75
U16 Zone	1	PGRA 46.25
U19 Zone Club	1	PGRA 44.75
U19 Zone	1	PGRA 45.50
FLEX Program		24.0