

## COVID-19 Update

Thursday, December 3, 2020

### Subject: December 2<sup>nd</sup> Provincial Health Officer Announcement

Attn: All League and Club Association Presidents and Safety Officers,

The official [Order](#) has been published by the Provincial Government and the [website](#) has been updated to summarize the information. As the order is now published the restrictions are effective immediately.

The following restrictions are now in place:

- All adult indoor and outdoor sport is suspended;
- All structured youth and children sport is returning to Phase 2 of the viaSport [Return to Sport Guidelines](#)

This means that all games, scrimmages, exhibition play are now cancelled for all ringette associations. All 18+ and masters activities of any kind are cancelled until further notice.

#### **What this means for Ringette:**

- All adult ringette programming (18+ and Masters) is suspended;
  - This includes any athletes carded to the *Canadian Sport Institute (CSI)* who are 19 years of age and older.
- All Youth and Children divisions (FUNdamentals to U19) has regressed to **Ringette Progression 2** as per the [Return to Ringette Guidelines](#);
  - This includes any athletes carded to the *Canadian Sport Institute (CSI)* who are 18 years of age and younger.
- Physical distancing has been changed under the [new Order](#). All participants must stay **3 meters apart effective immediately.**

*“18. A person may permit a place, other than a private residence or vacation accommodation, to be used for, or may provide, sport for children or youth if the following conditions are met:*

*a. participants maintain a physical distance of **three metres** from one another and do not engage in handshaking, high fives, hugging or similar behaviour;*

*b. the focus is on activities that have a low risk of COVID-19 virus transmission;*

*c. there are no spectators unless the presence of a spectator is necessary in order to provide care to a child or youth.” ([Gathering and Events Order](#), December 2, 2020 p 9)*

#### **Summary of Ringette Progression 2:**

- Physical Distant: “Skills & Drills”
- **Staff:** minimum 2 coaches (following Responsible Coaching Movement & Rule of Two), Recommended Ratio: 1 coach: 6 athletes

- **Group Size:** refer to facility restrictions and follow provincial health guidelines
- **Group type:** Try to keep the same group of participants and instructors together
- **Focus of activity:** remains community-based; and
- Game play is not permitted and activities should remain within the community.

In addition, to the above changes all other restrictions that were released on November 20<sup>th</sup> are still in place and being enforced. Those restrictions include:

- Mandatory Masks in all public indoor spaces except on the field of play
- No spectators in facilities
- Team Travel for sport is suspended

As a reminder, social gatherings are also suspended in BC. Parents and players should not be gathering together in parking lots, lobbies, hallways, etc. before and after ringette activities.

### **Dryland Training:**

Ringette BC is aware that a number of Associations and teams have been hosting dryland training as part of their activities. In accordance with the recent order ringette teams are prohibited from participating in dryland activities that fall under the description of indoor group fitness activities specially noted by the Provincial Health Officer as: hot yoga, spin classes, high intensity interval training.

### ***Participation Past December 7<sup>th</sup>***

Ringette BC has been informed by viaSport that further information will likely be released on December 7<sup>th</sup> and there will be likely an additional order released.

Thank you again for your continued patience. We will continue to update you as the information becomes available.

Sincerely,

Nicole Robb  
Executive Director, Ringette BC

Cc.  
Ringette BC Board of Directors  
Ringette BC Technical Director

Links to the previous updates and announcements:

- [November 28<sup>th</sup> Update](#)
- [November 23<sup>rd</sup> Update](#)

[Link to the joint statement from December 2<sup>nd</sup>, 2020](#)

[Link to the December 2<sup>nd</sup> Provincial Health Order](#)

[Link to the Provincial Government Website](#)

Ringette BC [COIVD-19 Resource Hub](#)