



www.princegeogeringette.ca

Prince George Ringette Coaches check list

- *Complete your Criminal record check with info@pgringette.ca (our vice president) online and done quickly. (unless you have the same birth date as a criminal and need finger prints done)
- Apply to Coach or Volunteer by submitting an application form, found on coaches corner of www.pgringette.ca to the coaching coordinator and cc the president.
- *Create a coaching profile and obtain your NCCP # (National Coaching Certification Program) coaching number at <https://www.coach.ca/>
- *Take the concussion awareness training tool course.
Its free online and takes about 40 min. <https://catonline.com/>
- *making head way is another online concussion course, preferred by Ringette Canada and free for 2019 Coaches Week, either concussion course is acceptable, taking both is recommended. <https://www.coach.ca/making-head-way-concussion-elearning-series-p153487>
- *Review the Responsible coaching movement and the rule of two.
<https://www.coach.ca/responsible-coaching-movement-s17179>
- *Respect in sport for activity leaders is also required for Head coaches.
<https://ringette-canada.respectgroupinc.com/>
- *register for a Ringette Coaching course. Review your required certification. CSI (Community Sport Introduction) for u12 and under. (Or House league)
If you will be coaching an A level team or a development team, register for a CI course (Competition Introduction).
** prior to registering for any NCCP Coaching course you may be required take a multisport, two hour or less online Coach Initiation in sport course. Free for Coaches Week 2019
<http://www.coachingringette.ca/c/>
- *once you have taken any courses please forward the PGRA coach coordinator your certificates, keep a record and make sure they show up on your NCCP coaching profile.
coaching@pringette.ca
- A Certified Female is required on all teams on all benches at all times.
- Sign and submit the coaches code of conduct to the coaching coordinator.
- Plan to attend the Coaches Meetings (second Wednesday of Powerskating 7PM).

The Responsible Coaching Movement (RCM)

An initiative coordinated in partnership with the CAC (Coaching Association of Canada) and Canadian Centre for Ethics in Sport (CCES), encourages parents to be directly involved in their child's athletic career to ensure it creates a safer, more secure, and rewarding experience for all participants. The Responsible Coaching Movement invites parents to consider three steps to responsible coaching (Rule of two, Background Screening and Ethics & Respect Training) ask a coach and their respective sport organization if they have taken the RCM pledge and adopted safe sport policies and procedures.

Again, to take your pledge go to: <https://www.coach.ca/responsible-coaching-movement-s17179>

What is the Responsible Coaching Movement?

The Responsible Coaching Movement (RCM) is coordinated by the Coaching Association of Canada and the Canadian Centre for Ethics in Sport that has the potential to affect all sport organizations and coaches. The RCM is a call to action for organizations to implement realistic change based on their individual state of readiness.

Phase 1 of the RCM addresses the gaps identified by stakeholders that indicate there is a lack of uniform policies, a lack of club capacity, a limited communication strategy, a lack of a tracking mechanism for coaches, and a lack of a coordinated approach by sport organizations to address responsible coaching practices have all contributed to permitting instances of unethical behaviour in sport.

The goal is to make sport safer for children and the vulnerable sector. Although advances in athlete protection in the past twenty years have decreased instances of athlete maltreatment in amateur sport, incidents of athlete abuse, harassment by coaches, and risks to athlete safety have continued to occur.

To reduce risk in sport, the Responsible Coaching Movement focuses on three key areas:

1. Rule of Two, 2. Background Screening, and 3. Ethics & Respect Training.

<https://www.coach.ca/for-coaches-who-work-with-children-in-sport-p160718>

Please see the following pages for information and links.

Rule of Two:

<https://www.coach.ca/3-steps-to-responsible-coaching-p161376>

Two NCCP trained or certified coaches should always be present with an athlete, especially a minor athlete, when in a potentially vulnerable situation such as in a locker room or meeting room. All one-on-one interactions between a coach and an athlete must take place within earshot and in view of the second coach except for medical emergencies.

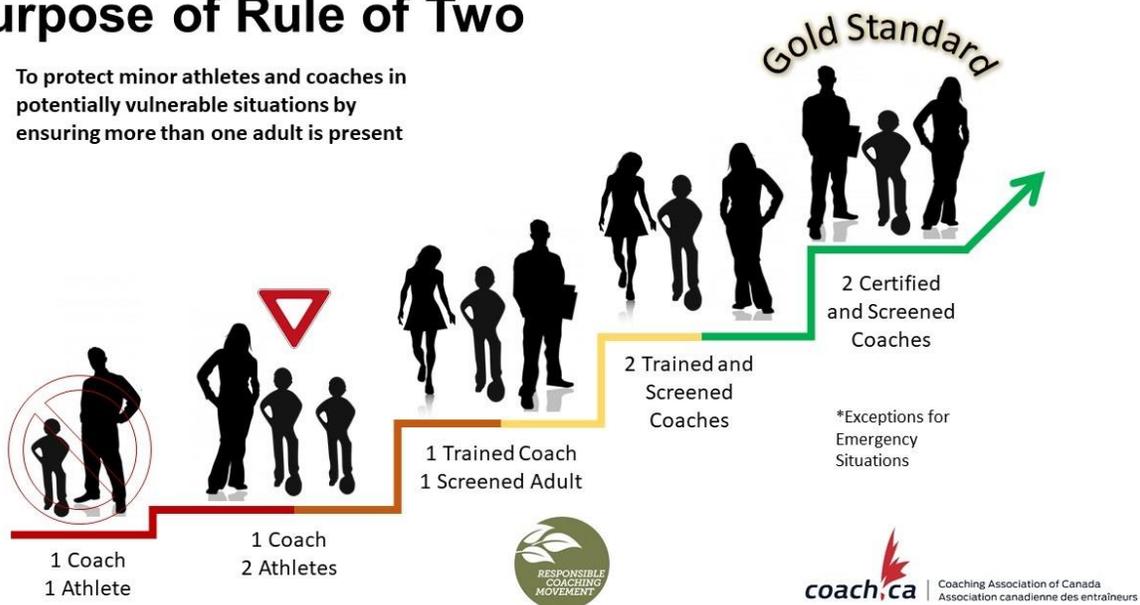
One of the coaches must also be of the same gender as the athlete.

Should there be a circumstance where a second screened and NCCP trained or certified coach is not available, a screened volunteer, parent, or adult can be recruited.

This means that the coach is never to be alone or out of sight with your child

Purpose of Rule of Two

To protect minor athletes and coaches in potentially vulnerable situations by ensuring more than one adult is present



Background Screening:

<https://www.coach.ca/3-steps-to-responsible-coaching-p161376>

The background screening ensures that coaches meet the important requirements to coach athletes. Screening tools include comprehensive job postings, criminal record checks, interviews, and reference checks. Coaches can complete their criminal record check screening with their local police department or online with their local association. Prince George Ringette Requires a criminal record check before coaching or volunteering with the players.

Responsible Coaching Movement - Background Screening Matrix

coach.ca	Level 1 - "Low Risk Positions"			Level 2 - "Medium Risk Positions"			Level 3 - "High Risk Positions"		
	Non-Volunteer Parents	Youth Volunteers	Occasional Volunteers	Assistant Coaches	Volunteer Head Coaches	Directors	Paid Head Coaches	Travel Team Coaches	Team Managers
Application Form		✓	✓	✓	✓	✓	✓	✓	✓
One Letter of Reference		✓	✓	✓	✓	✓			
Two Letters of Reference							✓	✓	✓
Position Briefing / Orientation	✓	✓	✓	✓	✓	✓	✓	✓	✓
Driver's Abstract (if requested)				✓	✓	✓	✓	✓	
Screening Disclosure Form		✓	✓	✓	✓	✓	✓	✓	✓
Criminal Record Check (E-PIC)				✓	✓	✓	✓	✓	✓
Vulnerable Sector Verification (VSV)							✓	✓	
	Level 1 - "Low Risk" - Individuals involved in low risk assignments are not in a supervisory role, not directing others, not involved with financial/cash management, and/or do not have access to minors or people with a disability.			Level 2 - "Medium Risk" - Individuals involved in medium risk assignments may be in a supervisory role, may direct others, may be involved with financial/cash management, and/or who may have limited access to minors or people with a disability.			Level 3 - "High Risk" - Individuals involved in high risk assignments occupy positions of trust and/or authority, have a supervisory role, direct others, are involved with financial/cash management, and have access to minors or people with a disability.		



Making Ethical Decisions:

<https://www.coach.ca/make-ethical-decisions-med--s16834>

Ethics training prepares coaches to effectively handle situations that arise from ethical dilemmas or even legal challenges that concern individuals, teams, and their sports organizations.

This 6-step process you help you make a thoughtful and responsible decision.

1. Establish the facts in a situation. ...
2. Decide whether the situation involves legal or **ethical** issues. ...
3. Identify your options and possible consequences. ...
4. Evaluate your options. ...
5. Choose the best option. ...
6. Implement your **decision**.

Ethics training includes the Make Ethical Decisions module within the National Coaching Certification Program (NCCP), as well as training in abuse and harassment prevention, such as Respect in Sport, which can be taken before and during their coaching career.

By successfully completing the NCCP Make Ethical Decisions (MED) training, coaches will be fully equipped to handle ethical situations with confidence and surety. NCCP Make Ethical Decisions training helps coaches identify the legal, ethical, and moral implications of difficult situations that present themselves in the world of team and individual sport.

There are two ways to complete ethics training:

- 1) In-class workshop: To participate in an in-class NCCP Make Ethical Decisions module, please contact your local Provincial/Territorial Coaching Representative.
- 2) Home-study: Some provinces and territories offer the NCCP Make Ethical Decisions module through home study. Please contact your local Provincial/Territorial Coaching Representative for more information.



Respect in sport: Respect in Sport for Activity Leaders/coaches/parents

<https://ringette-canada.respectgroupinc.com/>

*Required when coaching Ringette.

Respect in Sport for Activity Leaders and Coaches offers an engaging and easy to use internet-based training course for **sport leaders** of all levels. The intent of this training is to Empower and educate youth **leaders**/coaches on the prevention of Abuse, Bullying, Harassment and Discrimination (BAH)



<https://cattonline.com/>



Coaching Association of Canada
Association canadienne des entraîneurs

Making Head Way

<https://www.coach.ca/making-head-way-concussion-elearning-series-p153487>

Concussion eLearning Series

Designed to help you gain the knowledge and skills required to ensure the safety of your athletes, these NCCP Professional Development modules will make you concussion smart!

To begin, you will require a NCCP#. If you have never taken an NCCP course and need a NCCP#, [please register with The Locker](#).

You should expect to spend 60-90 minutes completing a module. Each completed module will be recorded on your coaching transcript as professional development



***Review The Coaching Pathways**

www.coachingringette.ca

Community Sport Initiation

This workshop will give you all of the tools you need to hit the ice with confidence as a first-time ringette coach.

Over the course of 10 hours, this in-class and on-ice workshop will help you:

- Understand the level of athlete you are coaching (typically children from U9 to U12);
- Equip you with the basic tools to plan safe, fun, and effective practices;
- Show you how to teach basic ringette skills in a fun and inclusive way.

WHO SHOULD TAKE THIS WORKSHOP?

- Anyone with limited or basic ringette experience who wants to get involved at the community level to coach;
- Parents/guardians volunteering with their child's ringette program;
- Coaches of recreational ringette.

WHO WOULD YOU COACH?

You would coach players with little to no previous ringette experience – typically children in the FUNdamentals and/or Learn to Train stages of Long-term Athlete Development (LTAD).

*Insert the CSI coaching pathway photo here. Found on www.caohingringette.ca

Competition - Introduction

This two day workshop provides an exceptional foundation for your coaching career and introduces new coaching methods that will enhance both your coaching and your program's effectiveness.

Through a mix of classroom and hands-on learning on the ice, this course focuses on:

- Preparing coaches to plan and execute fun and safe practices for their players;
- Introducing and learning more complex technical and tactical elements relevant to ringette;
- Providing an opportunity for coaches to practise the above elements on the ice;
- Preparing coaches to plan for an entire season of ringette, ensuring their athletes abilities progress over the course of the season;
- Ensuring coaches are aware, and understand the guiding principles of Long-term Athlete Development (LTAD) in order to appropriately plan their seasons.

WHO SHOULD TAKE THIS WORKSHOP?

- Coaches working with competitive youth players in U12 and higher;
- Recreational ringette coaches working with older athletes in the Active for Life stage of Long-term Athlete Development.

*Insert the CI coaching pathway photo here. Found on www.caohingringette.ca

[Look up Com Dev if interested in coaching a the NRL or National level](#)

