

## **Appendix C – Code of Conduct – Athletes (U14 and above)**

The overall experience for athletes participating in sports should promote the development of healthy and positive values towards themselves, fellow athletes, officials and coaches. The following Code of Conduct has been developed to aid athletes in achieving a level of behaviour, which assists them in becoming well-rounded, self confident and productive human beings.

Athletes have a responsibility to:

- 1) Treat everyone fairly within the context of his or her activity, regardless of gender, place of origin, color, sexual orientation, religion, political belief or economic status.
- 2) Consistently display high personal standards and project a favourable image of the sport and of playing:
  - a) Refrain from public criticism of fellow athletes, coaches and officials.
  - b) Abstain from the use of tobacco products and discourage their use by fellow athletes and coaches.
  - c) Abstain from drinking alcoholic beverages while participating in athletic events.
  - d) Abstain from possession or use of any substance prohibited by Federal or Provincial Law.
  - e) Adhere to the guidelines provided by the Canadian Centre for Drug-Free Sport and abstain from the use of all Banned substances and methods.
  - f) Refrain from the use of profane, insulting, harassing or otherwise offensive language.
  - g) Refrain from vandalism and personal misconduct; to abstain from any malicious damage to property or persons.
  - h) Abstain from personal misconduct causing harassment to participants, officials, coaches or spectators.
- 3) Treat opponents and officials with due respect, both in victory and defeat.
- 4) Uphold the rules of Ringette and the spirit of those rules.
- 5) Athletes must respect the dignity of coaches, officials and fellow athletes; verbal or physical behaviors that constitute harassment or abuse are unacceptable (definition of harassment is attached).

6) Never advocate or condone the use of drugs or other banned performance enhancing substances or methods.

7) Never provide underage athletes with alcohol.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Athletes' Code of Conduct.

Athlete: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Witness: \_\_\_\_\_